

A Look Inside...



Yard Sale, April 2nd: page 8



Fishing Tournament, April 30th: page 8



Pool Opens on May 28th: page 9

Time for Quarterly Dues: April 1st

Contents this issue

- 2 Homeowners Association
- 2 Welcome New Neighbors
- 3 News & Notes
- 4 Water District News
- 5 Committee News
- 6 Clubs & Classes
- 7 Home & Garden
- 8 Upcoming Events
- 8 Committee Highlights: Teen
- 9 Pool Season Opens!
- 10 Sports & Fitness
- 11 Financial Focus
- 12 Family Life
- 13 School News
- 14 Savannah Pets
- 15 Church Listings
- 16 Calendar

Savannah Has the Best Events & Amenities! “Due” Your Part to Keep Them

As the weather starts warming up and we put what has been a very trying winter behind us, our thoughts turn to spring and summer and all the great events that are planned for Savannah. The pool will soon be opening, the Easter event will be happening, then Memorial Day, the Independence Day Celebration with the awesome fireworks display, fishing tournament, movie nights, teen events... wow! Living here is more fun than you can imagine!

However, none of this will occur unless all the residents participate in making this happen. No, I am not talking about volunteering - although that would be helpful. What I am really talking about is paying your dues. The Board of Directors understands that the past few years have been trying financially on everyone. “The Great Recession” as it’s been called has made it tough on families across the country trying to make ends meet. The same is true for your Association.

Over the past couple years we have instituted many cost saving methods designed to maximize your Association dollars. These programs have saved tens of thousands of dollars and will continue to save money long into the future. However, this is not enough to sustain a community the size of Savannah with all the amenities and social programs that are offered. It takes everyone paying their fair share.

We now have a variety of ways to pay your dues. You can make annual or semi-annual payments. You can make quarterly payments or if its easier you can set up a monthly deductions directly from your checking account. You can pay by credit card, check or wire transfer. If you are delinquent on your dues, you can set up a payment plan that will help you get current. All these programs are there for your convenience.

We have tried to make it as easy as possible to pay, but we are serious that your dues must be paid. The Association owes it to every dues paying member that they not only manage the Association’s money wisely, but also aggressively collect from all outstanding members so that everyone is evenly sharing the expenses. To that end we are informing the entire community that we will start



Dues pay for the Savannah events and amenities that are enjoyed by everyone.

placing liens on those properties that have not paid their assessments and start all legal procedures including

...Continued on page 3 (“Paying Dues”)

Monthly Dues Collections Report

The reports below are a brief summary of the collections data. Please note... these numbers only reflect the accounts that are in collections with Red Rocks, our collections agency. This doesn’t reflect the Association’s total delinquencies (as of March 25, 2011 total delinquency = \$157,373.26):

January 2011

Collected this month: \$3,847
Collected for Current Year: \$3,847
Accounts in Collections: 123
Collected in Past 12 months: \$28,848
Total RR Delinquent Amount: \$84,938.45

February 2011

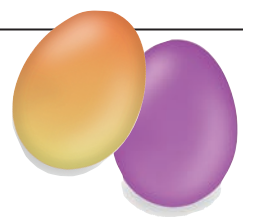
Collected this month: \$9,521
Collected for Current Year: \$13,369
Accounts in Collections: 120
Collected in Past 12 months: \$38,369
Total RR Delinquent Amount: \$78,568.51

Pancake Breakfast

On April 9th from 9am to 11am the Hospitality Committee is hosting a Pancake Breakfast in the Clubhouse. Come meet your neighbors and have pancakes. Committees will be available if you would like to volunteer or find out more. See you there!



Easter Egg-stravaganza!



Springtime in Savannah means that it is time for our big annual Easter Egg-stravaganza! Bring the whole family out to the Sports Field on April 16th from 2-4pm for pony rides, petting zoo, free face painting (thank you, LifePoint Church), egg hunts and, our special guest... The Easter Bunny!

EGG HUNT SCHEDULE

2:15pm: 2 & under
2:25pm: 3 - 5yrs
2:35pm: 6 - 8yrs
2:45pm: 9 - 12yrs



See page 8 for details on the TEEN EASTER SCAVENGER HUNT!

www.premiermgconnect.com/savannah



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SavannahCommunity Association

Community Association OFFICE

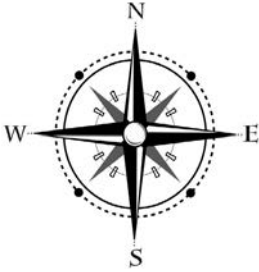
701 Savannah Blvd.
Savannah, TX 76227
Phone: 972.346.3020
Fax: 972.346.3022

Winter Hours:
Mon-Sat 10am-6pm
Closed Sunday

Summer Hours (beginning May 28)
Monday – Friday 10am-6pm
Saturday 10am-7pm
Sunday 12pm-7pm

Fitness Center
4:30am-midnight

Questions About Your HOA Account?
Call Premier Communities:
877.378.2388
www.premiermtgconnect.com/savannah



DENTON PROVIDENCE VILLAGE SAVANNAH PROSPER

Hwy 380

FM 423

North Dallas Tollway

Little Elm Frisco Eldorado Pkwy

Savannah is 4 miles west of the North Dallas Tollway and 14 miles east of Denton.

Where is Savannah?

Go to PremierConnect™ for all of your HOA information. View CCRs, your account information, up to date community calendar, HOA forms, past copies of The Magnolia Times, a directory & more.

PremierConnect™

www.premiermtgconnect.com/savannah

If you haven't registered yet, contact us: magnoliatimes@savannahca.com.

Do You Have Your ACCESS CARDS?

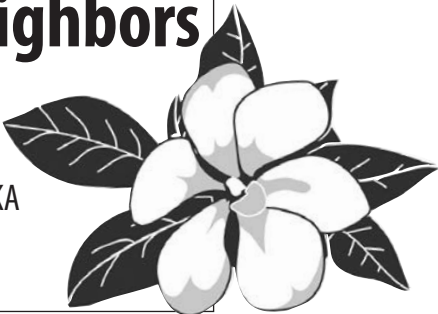
To access the pool and fitness center you will need a valid magnetic access card (SCA dues must be up-to-date in order to be eligible). If you are a new resident, we encourage you to come by the HOA office at your earliest convenience to get your access card. You will need to fill out some basic paper work and review governing documents (CCRs, Bylaws, etc). Please bring either your...

- a) current driver's license and closing papers or
- b) your new driver's license with Savannah address

Violations			
	JAN	FEB	GRAND TOTAL
Opened Violations	109	42	151
Lawns/Flower Beds	2	0	2
Trash	67	18	85
Fence Line	6	0	6
Appreciation	0	0	0
Sale / Lease Signs	2	0	2
Dead Trees / Bushes	1	1	2
Holiday Decor	0	13	13
Vehicles	6	4	10
MISC	23	4	27
Tropa	1	1	2
To Lawn Service	1	1	2
Closed Violations	23	30	53

Welcome New Neighbors

MYRTLE ROCHE
MONICA VARGAS
CAROL MARCHEWKA



Your HOA Staff



Melanie Dias
Association Manager 972-346-3020
scamanager@savannahca.com

- Oversees all aspects of the management and maintenance of Savannah Community Assoc.
- Oversees onsite SCA management team
- Property inspections
- Addresses Community Association issues
- Issues access cards
- Orientates homeowners with the Association

Kim Dwigings
Assistant Manager 972-346-3020
assistmgr@savannahca.com

- Assists in the SCA office
 - Assists with property inspections
 - Issues access cards
 - Assists the HOA manager
- Helps orientate homeowners with the Association



Candice Roy
Activities Director 972-346-2828
scaactivities@savannahca.com

- Assists in the SCA office
- Issues access cards
- Coordinates events with Social Committee
- Schedules rentals
- Coordinates master calendar

Deborah Victory
Communications Director 214.975.8642
magnoliatimes@savannahca.com

- Coordinates newsletter submissions & design with Communications Committee
 - Website maintenance & registrations
 - Photographs events



Jeffrey Landesberg Senior Manager
jeffrey.landesberg@premiercommunities.net





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Thursday 10:00a.m. - 7:00p.m. | Friday & Saturday 9:00a.m. - 5:00p.m.

See Event Photos Online

Did you have a blast at the last Savannah event? Did your kids dress up for Fall Fest? Visit our online photo gallery and see your family, friends and neighbors enjoying themselves at past Savannah events. We are currently rebuilding our online photo archives, so come take a walk down memory lane. Just visit www.savannahca.com.



Paying Dues: Everyone's Responsibility

...Continued from page 1

foreclosure to collect outstanding balances. This is not a step we take lightly, but it is critical to the health of the Association. We ask everyone who is not current to contact Premier Communities at 877-378-2388 and make the necessary arrangements to avoid the additional legal charges that will be assessed against

your lot and, for some of you, foreclosure proceedings. The Board of Directors will work with you if you need help, but you must contact Premier immediately. If you do not contact the Manager, then the Board has authorized the management company to proceed with all collection options available to them.

Teen Work Program Accepting Applications

Because the Teen Summer Work Program has been such a great success, we are bringing it back again this summer. We will have four part time positions open for summer employment for teens starting June 4th. Hours are flexible and include weekends and early mornings. The jobs include painting, clean-

ing trash from lots, keeping the pools and pool bathrooms clean, landscaping and helping with the summer functions. Please submit your application online by **May 1st**. Just go to the Careers section of the Premier Communities website: www.premiercommunities.net.

Seeking Vendor to Sell Concessions This Summer

Last summer, the pool side Snack Shack was a great hit. Folks enjoyed being able to go up to the window and grab a hot dog, nachos or a cold drink while at the pool. This is something we hope to have again this year. The HOA is currently accepting proposals to sell concessions during this summer's pool season from our Magnolia Cafe. Deadline to submit your offer is **April 15th**. Contact Melanie: melanie.dias@premiercommunities.net.



A New United Methodist Church

is starting in our area

www.CrossWayUMC.org

Swim 380

Swim 380 is a summer swim league for the 380 corridor. Swim 380 is open to all kids Kindergarten-8th grade.

This summer swim league will teach/improve basic skill/technique of all strokes, to have kids participate in friendly competition, and most of all, to have fun. The

summer season will be June 6 - August 12. There will be 2-3 practices a week and 4-6 meets throughout the summer. For more information please contact Carey Littleton, Coach/League Director, at 972-999-3741, email swim380@ymail.com, or visit our website at www.swim380.com.



Congratulations to the winners of the February/March issue's Word Find Contest (sponsored by the Communications Committee). All winners were awarded \$20 gift cards:

Chris Pauly, Theresa Toney, Jason Devoney, Hannah Bales, Cris & Andrew Gosnell



EGG DROP

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REGISTER ONLINE TODAY:

www.EggDrop11.com

Water District News

New Signs on Trails: “No Motorized Vehicles”

As a safety measure, the District recently installed “No Motorized Vehicles” signs on several trails and sidewalks throughout District property. While the intent is to encourage compliance through education, those violating the rule can be charged with trespassing.

New Website Coming Soon

The District’s Board of directors is currently reviewing proposals to design a new website. The updated version will be independent of other districts, but will still contain the same helpful information including news updates, meeting agendas/minutes and contact information for the board of directors. The url for the new site will be: www.dcfwsd10.org.

New Supplemental Law Enforcement Patrols

The District’s dedicated law enforcement patrols continue to provide the residents of Savannah and Artesia with an added level of law enforcement protection.

All patrols are manned by peace officers who are armed and licensed by the State of Texas. Their primary responsibilities will be to patrol Savannah and Artesia, identify potential criminal situations, stop a crime that is in progress and work with the Denton County Sheriff’s Office to address any law enforcement issues. The officers are working closely with the district, the HOA, and the law enforcement committee to identify community needs and crime trends. The Denton County Sheriff’s Office remains the District’s primary law enforcement agency and



is responsible for providing full law enforcement services including emergency response, making arrests, etc. In the event of an emergency, please dial 9-1-1 and your call will be answered by the Denton County Sheriff’s Office. The Denton County Sheriff’s Office non-emergency number is 940-349-1700. Please direct questions and comments to law-enforce@dcfwsd10.org.



DENTON COUNTY FRESHWATER
SUPPLY DISTRICT NUMBER 10
Providing Service, Promoting Progress

JW Music Studio

Piano and Guitar Lessons

Would you like to learn how to play the piano or guitar?
Do you already play but want to learn more?
Are there children in your family that want to learn?

JW Music Studio offers:

- 45-minute private lessons
- Beginning at age 5 up through adults

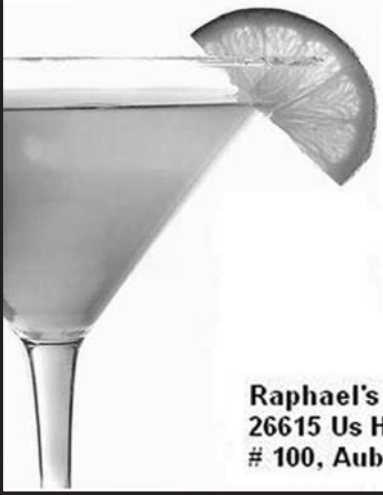
Free trial lesson available
Located in the Savannah Community

Please contact me if you would like more information on tuition and/or scheduling.



Jeff Wille
469-481-2104
jeff@jwmstudio.com
www.jwmstudio.com

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100, Aubrey, TX 76227

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\$110 extra

When you cash in \$500 or more in gold
Not Valid with any other offer, discount, or coupon.
Coins and Bullion excluded.
FRI GO! Expires 04/30/11

bring in this coupon and receive

\$55 extra

When you cash in \$250 or more in gold
Not Valid with any other offer, discount, or coupon.
Coins and Bullion excluded. FRI GO! Expires 04/30/11

2 Locations to Best Serve You

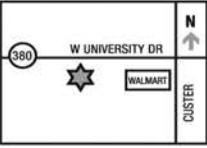
FRISCO

The “Original” CASH4GOLD-FRISCO
6990 W. Main Ste #1
(Nw Corner Of 5th & Main)



MCKINNEY

(BUYING OFFICE ONLY)
The “Original” CASH4GOLD-380
1912 University Business Dr.
Suite 408
(1 Block W. on 380 of
“Walmart 380 & Custer”)



Both locations open Monday-Saturday 9-7pm
(Call if later or Sunday Appt. needed)

Ask about our Best payout HOUSE PARTIES

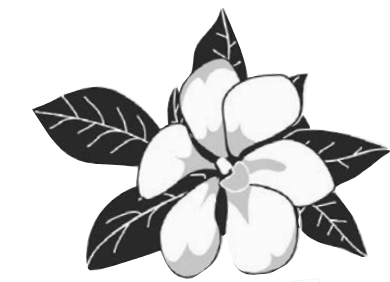
* We reserve the right to refuse any type of transaction

Page 4 The Magnolia Times April / May 2011

Committee News

Landscape Committee Says, “It’s Time for Yard of the Month!”

Well Homeowners it is that time of the year again. Need to get those yards in shape for the YOTM. We had a late Spring this year, so it will probably take a little more work. Good luck to each and everyone of you. Look for our first Yards of the Month to be announced in the next issue of The Magnolia Times.



Committees



communications@savannahca.com
Chair: Veasey Manley
3rd Tues, 6:30 in Board Room

Communications Committee Keeps the community informed by way of The Magnolia Times, website & email blasts.



sports@savannahca.com
Co-Chairs: Dave Young & Gary Hicks
1st Thurs, 7pm in Board Room

Sports Committee Organizes sports activities for the entire community like Kids Field Day & Fishing Tournaments.



hospitality@savannahca.com
Chair: Rebecca Akers
Meets 2nd Thur of the month, 6:30 in the Cafe’

Hospitality Committee Fosters a cohesive community by organizing supportive events where neighbors can meet each other.



landscape@savannahca.com
Chair: Donella Callen
Meets 2nd Tues of the month, 7pm in the Cafe’

Landscape Committee Chooses Yards of the Month, submits yard & garden articles to The Magnolia Times.



finance@savannahca.com
Chair: Barrett Walch
Meets 3rd Tues of the month, 6:30 in the Cafe’

Finance Committee Assists in looking over Savannah’s budget with an eye toward meeting community needs while saving costs.



pool@savannahca.com
Chair: Patrick Etie
Meets 1st Thur of the month, 7pm in the Cafe’

Pool Committee Promotes a clean, safe pool environment by working with Premier so that all residents may enjoy the pool.

Hospitality Committee Hosts “Professional Speaker Night”

On **Thursday May 12th, 7 - 9pm** the Hospitality Committee invites everyone to Professional Speaker Night.

Their guest will be Kristi Corder, DC, FICPA of Family First Chiropractic. She will be available to answer any questions you may have about holistic well-being, chiropractic care and nutrition.



Kristi Corder, DC, FICPA



safety@savannahca.com
Chair: Rob Adams
Meets 2nd Wed of the month, 7pm in the Board Room

Safety Committee Organizes Safety Patrols and works closely with law enforcement to promote safety within the community.



social@savannahca.com
Chair: Tammy Young
Meets 1st Tues of the month, 7pm in the Board Room

Social Committee Organizes fun, interesting events for the entire community so neighbors can meet and socialize with each other.



teenfun@savannahca.com
Chair: Shelly Brewer
Meets 1st Sat of the month, 7pm in the Cafe’

Teen Committee Works with its teen members to organize youth events & activities for the enjoyment of Savannah’s teens.

Architectural Standards Committee
asc@savannahca.com
Meets on a regular basis to review plans for exterior home improvements submitted by fellow homeowners. Members ensure that the improvements fall under the guidelines stipulated in the CCRs.

Advisory Board Committee

Meets the 3rd Sat of the month, 8am in the Board Room

Wisteria Village		Sea Pines Village	
			
Jon TenBroeck	Marie Stankus	Robert Tague	Cindy Tallent
Peachtree Village		Georgia Village (and Greenview Village)	
			
Lindsey Smith	Donnie Brewer	continentalcongressadvisors@savannahca.com	
georgiaadvisors@savannahca.com		peachtreeadvisors@savannahca.com	
wisteriaadvisors@savannahca.com		seapinesadvisors@savannahca.com	

Annual Meeting

Did you attend this year’s Annual Meeting at the end of March? Did you miss it? Either way, you might want to review the Q&A from the meeting. Watch for a notice in the weekly email blast, then visit PremierConnect to view the questions and answers.

A Cold Camporee

The weekend of March 5, 2011 we went to Camporee. It was held at Sid Richardson’s Boy Scout camping grounds. It was extremely fun and we did Order of the Arrow. We earned our Polar Bear patches because it was below 20 degrees at night. We got in and out of there extremely fast!

Twelve scouts attended this camp. We learned team work and we did various activities ranging from fire building, first aid, camp cooking and pioneering.

- Anthony Sparks
Troop 372

Boy Scouts - boyscouts@savannahca.com
Cub Scouts - cubscouts@savannahca.com

Scouting News

Pinewood Derby

On January 21st, the scouts from Pack 372 came together to race cars that they built for the annual Pinewood Derby Race. Each rank had 1st, 2nd and 3rd place winners (listed on the right) and the Pack had winners for Safest Car and Best in Show.

- Karin TenBroeck



Webelo winners of the Pinewood Derby: Joseph Shaw, Austin Perry & Maxwell Pacheco

Blue and Gold Banquet

On February 25th, scouts and their families gathered to celebrate the Birthday of Cub Scouts and the 2010-2011 achievements of the scouts in Pack 372. The boys received the rank badges and awards that they have worked so hard to earn over the past year. The evening was full of magic and fun! There was a crowd pleas-

Tigers

1. Jeffrey Shaw
2. Logan Wright
3. Ethan Fritch

Wolves

1. Harrison Brewer
2. Joshua TenBroeck & John Rios (tie)
3. Zachary Bath

Bears

1. Derek Miller
2. Charlie Simmons
3. Noah Caldwell

Webelos

1. Joseph Shaw
2. Austin Perry
3. Maxwell Pacheco

Safest Car: Landry Dodge
Best in Show: Nolan Adams

ing performance by magician Jim Taylor, as well as magic skits performed by each of the dens. Dinner was catered by Villa Grande Restaurant and a beautiful birthday cake was made by the Wolf Den Leader, Sandra Ottinger. Pack 372 would like to thank all of the Scout Leaders and parent volunteers whose hard work made this event so successful!

- Karin TenBroeck

Clubs & Classes

Movies & Lunch with the “Real Housewives of Savannah”

What a wonderful day we had at our “Real Housewives of Savannah” luncheon and movie.

While enjoying our sandwiches, salad, drinks and dessert, we discussed many important issues... i.e., “Where did you get those cute shoes?” “What beautiful earrings you’re wearing!” and “Who does your hair?” As you can tell, this is not a serious group! Once out of our houses, our problems just fly away!

We watched a terrific movie this month with Robert Duvall. Next month - do we want to have our luncheon catered or use our kitchen facilities once a month? Is Thursday an acceptable day for most of



us? This will have to be approved by management, of course.

We are going into spring & summer, so please express your opinion at our next meeting, or call the office.

We’ll see you **April 7th at 1pm**. We’ll be showing Sandra Bullock in “The Proposal”.

By Barbara Huddleston

New Karate Classes

Head Instructor Chris Kimbrough of Elite Self Defense Training has been teaching martial arts and self defense for over a decade in the Dallas Area and is now bringing karate classes conveniently to Savannah.

Mr. Kimbrough has been a resident with his wife Carrie in Savannah since 2006 and is excited to begin classes this May. He has advance black belt ranks in both Kempo and Kenpo, is a UNT Alumni, and CPR & First Aid certified.

Elite Self Defense Training specializes in Kempo Karate classes for men, women and children while providing all of its students with modern, customized curriculums to meet their specific self defense goals. Further, ESDT delivers quality, professional instruction in real-

world, practical self defense in a fun and safe training environment.

Children also enjoy a comprehensive character development program designed to help them succeed in class, home and at school. Come in and see for yourself how exciting fitness and self protection can be! Classes will begin in the MPR room starting May 1st. Register early (Before April 20th) and get a free month of classes upon sign-up. Additionally you can enjoy the ESDT grand opening special: Get a free uniform with sign-up AND when you register one family member another (husband, wife, or child) can train for FREE! Please contact Sensei Chris at 214-334-7482 or by email at Chris@EliteSelfDefenseUSA.com for more details on how to begin your training.



Karate “open house” on April 16th in the multi-purpose room. Come and sign up, meet the instructor and ask questions. People are to contact [Chris@EliteSelfDefense](mailto:Chris@EliteSelfDefense.com) for more info.

Cooking with Class

Come join Craig Alderson in “Cooking with Class” in the Clubhouse kitchen **April 29th at 7pm**. Craig has a lifetime of cooking experience under his belt and has trained with former executive chef of The Mansion, Dean Fearing.

Classes will include a cooking demonstration, tasting and the perfect wine

pairing to compliment each dish. Also includes printout of recipes prepared in class. Class size is limited!

Registration fee is \$45. We will need a minimum of 12 people for the class, so be sure to sign up by **April 25th**! Contact the HOA office or contact Craig at craig.alderon@gmail.com or 214-769-3371.

ADVERTISE

Contact Deborah Victory

214.975.8642

magnoliatimes@savannahca.com

Special rates available for Savannah homeowners.

Clubs

50 Plus Club - 50plus@savannahca.com

Autism/Asperger Homeschool Group - AAHS@savannahca.com

Boy Scouts - boyscouts@savannahca.com

Cub Scouts - cubscouts@savannahca.com

Cardio Dance Club - cardiodance@savannahca.com

Health & Wellness Club - health@savannahca.com

Holistic Parenting - holistic_parenting@savannahca.com

Poker Club - poker@savannahca.com

Real Housewives of Savannah - 972.347.6767 / 972.347.9421

Savannah Girls Night Out - girls@savannahca.com

Scrapbooking Club - scrapbook@savannahca.com

Savannah Singles - singles@savannahca.com

Story Time - storytime@savannahca.com

Sweets & Treats - sweetsntreats@savannahca.com

The Community Association does not recommend or endorse any resident clubs.

Classes

Boot Camp Babes/Team Training - bootcamp@savannahca.com

Kids /Kempo Karate - chris@eliteselfdefenseusa.com

Sunrise Yoga - yoga@savannahca.com

Classes are independent of the HOA. Contact for availability & fee information.

For a full calendar of clubs, classes and events, dates, times & locations...see backpage calendar.

TEXAS WOMAN’S UNIVERSITY

A destination for entertainment and ideas

Performing Arts:

- April 5-6 Gianni Schicchi, 2 opera performances, 7:30 p.m.
- April 12 TWU Wind Symphony, concert, 7:30 p.m.
- April 14-17 *Boy Gets Girl*, drama, 5 performances
- April 28-30 DanceMakers, spring concert, 3 performances
- April 30 An Evening of Musical Cabaret, theater, 8 p.m.

Lectures and Exhibits:

- April 5 Voertman’s Juried Art Exhibition, reception, 4-6 p.m.
- May 1-30 A Cultural Rendezvous Across the Pacific, library exhibit

Athletics:

- April 8-9 Softball, 3 games vs. Abilene Christian
- April 29-30 Softball, 3 games vs. Angelo State

For more details, visit
www.twu.edu/entertainment



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TOP-LEVEL PHYSICIANS. HOSPITAL-LEVEL DIAGNOSTICS. SERVING THE 380 CORRIDOR.

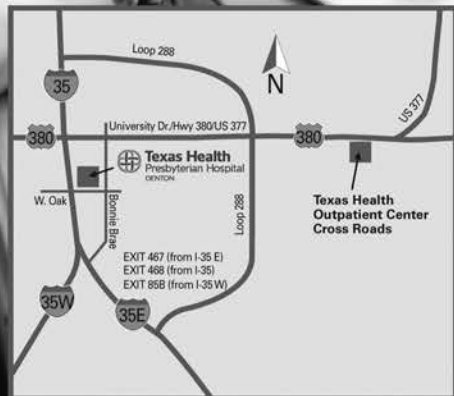
Texas Health Outpatient Center Cross Roads houses an all-digital outpatient diagnostic center providing radiology, CT, mammography and bone densitometry services. In addition, physicians providing family health care, pediatrics and OB/GYN services are on-site, and we have future plans to add a variety of other medical specialties. We're excited about the opportunity to provide comprehensive diagnostic services and the latest technology to such a fast-growing area of Denton County. We're pleased to be a member of this wonderful community.

Texas Health Outpatient Center Cross Roads
3201 U.S. Hwy. 380, Cross Roads, TX 76227
940-365-3555 | TexasHealth.org



Texas Health
Presbyterian Hospital®
DENTON

Healing Hands. Caring Hearts.™



Home & Garden

Are Your Trees Stressed Out?

What do I need to do in order to properly care for my trees?

You need to fertilize your trees twice per year. Once in the spring with something high in Nitrogen (well balanced). Once again in the fall with something low in Nitrogen (well balanced).

How can I tell if my tree is distressed?

You'll begin to see signs of the foliage and new growth not budding out from the winter. During the spring and summer you may begin to see black spot on trees like cottonwoods, or possibly some

oaks. If you notice these symptoms, then you need to treat for disease quickly. It could be any number of diseases or insects, so the best thing to do is contact a local landscape provider or nursery to get their expert opinion. They may need to look at the tree in person or see a sample of the leaf. You may also see bark peeling away or sap leaking out of the trunk of the tree. This is another indication of stress and can lead to severe damage or ultimately dying altogether if not taken care of quickly. Again, you should contact a local expert for their opinion.

What causes stress on my trees?

Any number of things can cause stress to a tree, but most often in the North Texas area it is common to see stress related problems from one of the following:

- * Over or under watering the tree.
- * Improper fertilization or no fertilization to the tree at all.
- * Planting a tree too deep and suffocating the root ball and root structure.
- * Insect damage such as aphids and/or white flies.
- * Disease/Fungal damage like black spot.

Planting new trees can add great value to any home, park or neighborhood. It's also a great way to give back to the en-

vironment. With trees adding so much value to homes and neighborhoods it's important that you care for them properly to ensure they grow well and provide many years of enjoyment for both you and your neighbors. If you have any questions on the proper way to care for your trees, then contact your local landscape provider.

By Neil Bales
Lawns of Dallas

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Upcoming Events

Spring Yard Sale

APRIL 2nd

Clean out those closets! Its time for the big Spring Yard Sale! Just put your items out in your front yard on this day and wait for the customers!. Please only set up in front yard - keep the alley ways clear for emergency vehicles and neighbors. If the Yard Sale is rained out, the scheduled back up date will be *April 9th*.

Also...

Spring Clean Up Day

Saturday, April 2nd & 3rd

Sponsored by DCFWSD #10 in co-ordination with the Savannah Spring Yard Sale - Large trash containers will be available for you to dispose

of extra or oversized trash items in the parking lot behind the Clubhouse and at Savannah Elementary School. This is NOT for hazardous materials disposal. Those materials will need to be taken to the Waste Management processing location in Lewisville.

E-Waste Recycling will be on **April 2nd** from 11am-5pm in the parking lot behind the Clubhouse.



Fishing Tournament

APRIL 30th

Savannah is goin' fishin'! These tournaments, organized by your Sports Committee, have become very popular events. There will be snacks, prizes and awards for kids and adults. Check in at Amphitheater Park, then fish from **7am to 11am**.



Awesome Summer Fun with the TEEN COMMITTEE

There is no reason to be bored this summer - not with the Savannah Teen Committee planning the coolest summer ever. All Teen Committee events are chosen and planned by the teens themselves. Here is what they have planned so far:

May 27 – End of School Pool Party

June 2 – Late Night Swim

June 10 – Scavenger Hunt

June 15 – Late Night Swim

July 2 – Late Night Swim

July 6 – Late Night Swim

July 14 – Late Night Movie

July 20 – Late Night Swim

July 25 – Late Night Movie

July 28 – Late Night Movie

August 17 – Back to School Pool Party

December 31 – New Year's Eve Party



Picture ID's

The Teen Committee will implement a new procedure for some of the larger Teen Events. All teens of Savannah that want to attend the Pool Events and Movies will be required to show their TEEN PASS. This pass is not the same as your pool pass. There is a form that needs to be signed by parents and returned to the HOA so the teen can get their TEEN PASS. The TEEN PASS will specify which kinds of events the parents have approved (PG movies, PG-13 movies, activities for over 15 years of age, etc.). Parents should come by the HOA office and fill out a form for each of their teens so they can get their TEEN PASSES.

Be a Part of It!

Look for Savannah Teens on Facebook.

Email: teenfun@savannahca.com

Meetings: Every 1st Saturday of the month in the café @ 6:30pm.

Teen Easter Scavenger Hunt

Easter fun isn't just for the little kids!

Same date/time as Easter Egg-stravaganza

Sign up before 3pm

Scavenger Hunt starts at 3pm

Teams of 2

MUST bring a digital camera

PRIZES!!

Memorial Day Weekend

MAY 28th

Join us pool season opens and we celebrate Memorial Day Weekend. We will be handing out popsicles as everyone enjoys their first beautiful day by the pool.

Under the pavilion, children and adults can write notes or letters to be included in care packages that will be sent overseas to members of the military. Beginning May 1st we will be collecting items to send overseas to resident's family serving in the mili-

BEEF JERKY / SLIM JIMS
COFFEE (Ground or whole; instant or drip. Ground is preferred)
POWDER DRINK MIX (Gatorade, Kool-Aid, Crystal Light)
SUNFLOWER SEEDS & PUMPKIN SEEDS
TUNA & CHICKEN SALAD (in foil pouches, or ready-to-eat kits (no cans)
PROTEIN POWDER & PROTEIN BARS
HOT CHOCOLATE PACKETS
HERBAL TEAS
SMALL BAGS OF SNACKS (Hard Pretzels, Cheetos, Fritos, Chex Mix)
COOKIES, CHEESE & CRACKERS (small packs)
DRIED FRUIT
DRY SOUP: (Ramen Noodles / Cup-O-Soup: just add water)
NUTS: Peanuts, Mixed Nuts (salted preferred)
MICROWAVE FOOD (Popcorn, Chef-Boy-R-Dee, Mac'n'Cheese...)
OATMEAL PACK (Instant: just add water)



tary. May 28th, the day of the event, will be the final day to donate. Boxes will be available at the pool pavilion.

Here are some ideas of what to bring:

BATTERIES: (AA, AAA, C & 9 Volt are the most requested)
iTUNES® GIFT CARDS
DVD Movies (new or used - recent releases only, please!)
Xbox Games, PSP, PS2 & PS3 Games (new or used)
Computer Flash Drives & Thumb Drives
Small homemade gifts - reminders & comforts of "home"
Pens & mechanical pencils, small note pads
DAY PLANNERS/CALENDARS•
GAME BOOKS (Crossword Puzzles / Word Search Books / Math Puzzle books / MAD LIBS / Logic Problems / Sudoku)
YO-YO's, DOMINOS, PLAYING CARDS (new), **POKER CHIPS & DICE**
BOARD GAMES (travel size would be great)
DART BOARDS (regular or magnetic - any size)
NERF FOOTBALLS / WHIFFLE BALLS & BATS / FRISBEES / HACKY SACKS

Teen Cleanup Day

Each year the HOA asks the Teen Committee to host a cleanup day that is performed by the teens of Savannah. This year some of the Boy Scouts helped with the cleanup. The kids go around to the greenbelts to pick up garbage that has been thrown out or blown in from the community.



Teen Committee would like to thank the following kids for helping with the cleanup: Dakota, Joshua, Tyler, Bryce, Dylan, Orion, Ryan, Nathan, Noah, Shaye, Amanda, Hunter and Ryan.

This year's strange find of the day was a tire that was found in the greenbelt between Peachtree and Wisteria. In the photo above, from left to right: Dylan, Bryce and Orion.

If you have a group of kids, an organization or just want to help keep Savannah clean, please contact Candice Roy the Savannah Activities Director, to schedule a date.

We are happy to announce we are able to extend the pool season for 2011! **Pool will be open Memorial Day thru Labor Day.**

Sun, Mon, Tues & Thur...
10am - 9pm

Fri & Sat... 10am - 10pm
Slides open noon - 8pm

Slide hours have been extended to 12pm – 8pm every day.

The slides will close 15 minutes out of every hour of operation so that the lifeguards can take a break, as required by state law. The pool will be closed every Wednesday for weekly maintenance and cleaning.

When we reach the end of pool season in September, the pool will be open on weekends only after Labor

Day – September 5th (open on the 10th, 11th, 17th, 18th, 24th & 25th). 10 am to 10 pm Saturdays and 10 am. to 9 pm Sunday.

Guest Passes

Be sure to get your access cards and guest passes early to avoid a long wait!

There will be a daily limit of ONLY 5 guests per household. Be sure to go to the HOA office during office hours beginning **Monday, May 2nd** to pick up your 20 free guest passes before pool season and to get your access card if you do not already have one. When you come in, please be prepared to update your information for our system and, if you are a renter who has renewed your lease, please bring a copy of the renewed lease agreement.



Be Cool at the Pool!

Remember the new rule that was adopted last season. Only 2 ‘non-household’ children per adult will be allowed to enter the pool area. That is, only 2 children under age 18 not from your own home may visit the pool with each adult from that home.

Also, please ensure that everyone in your household either has an access card, or that children under 13 are on their parents’ cards before attempting to enter the pool area. Anyone without a valid access card will need to be with a homeowner and use a guest pass.

If you run out of guest passes and need to purchase more, please make sure that you do this while the HOA office is open. Passes are \$5 each per day or \$75 for 20 additional passes (checks only - NO CASH). The security guards will not make any exceptions to this rule and WILL NOT have guest passes for sale.

Pool Rules

The Pool Rules are established to keep the pool a fun and safe place for everyone. Here are a few rules to note:

- ▶ Swimmers must be at least 48” tall to ride the slide or must pass a swim test administered by the lifeguards.
- ▶ No one under 13 years of age is permitted in the Main Pool area with-

out an adult 18 years or older (except as permitted at teen events).

- ▶ No free swimming in the slide pool.
- ▶ Children under 13 may not use the water slides without adult supervision.
- ▶ Children 3 and under are required to wear approved swim diapers.
- ▶ No glass containers at any time in the gated-pool or hot-tub area.
- ▶ No alcohol allowed.
- ▶ No abusive language, loud radio, or excessive noise.
- ▶ No smoking except in designated areas. Violators will be liable for cigarette burns or damage to artificial turf area.
- ▶ No rafts or flotation devices are allowed in Main Pool. Coast Guard approved flotation devices are allowed. Rafts are allowed in the Adult Pool, however.
- ▶ Swim wear only. Cut-offs or street clothes not permitted in the pool. T-shirts worn over bathing suits will be permitted.
- ▶ No one under the age of 18 allowed in the Adult Pool.
- ▶ No animals, bikes, skateboards, or scooters are allowed in the waterpark.

The Family that Kicks Together, Sticks Together

As we grow up we inevitably grow apart from those who are the center of our very existence. It was not until I became a father that I fully understood the importance of that connection my father and I shared with baseball. As a parent I can teach my child the basics of many sports and help them develop a love for the game. The unfortunate part is that coaching and helping are all I can do. Sports in general are designed to be age specific in so many cases that we never get the opportunity to truly “play the game” with them.

Martial Arts is a culmination of Life and Sport in one, almost completely irrelevant regarding age, gender or physical ability. Martial Arts are not about who the strongest, fastest, toughest person is, but about the ability to compete against one’s self to become better than we were yesterday. It is also about developing a relationship with those with whom you train.

The family that kicks together sticks together is not a new term, but it wasn’t until I saw the family dynamic at a tournament that it hit me how true it is. While talking to another father (also a student), his young-

est son came running up and yelled “LOOK DAD, I WON 1st PLACE IN FORMS!!” He held his trophy up for his dad to see. His dad was so very proud of him and, with a smile, the father reached over and picked up his 1st place trophy and said “So did I!” I am not sure how, but the smile on the son’s face grew even bigger and he said “That’s awesome Dad. We both did our best; Mom is gonna be so proud of us.”

Although they were not in the same division, they all trained together and competed that day. What’s more, they all walked away winners. Not just individually but as a family who found a lifelong connection. They went on to open up a school of their own. The son became the head instructor by his Junior year of high school and was teaching the importance of Martial Arts and its impact on building strong family connections.

Over the last 20+ years I have seen thousands of students and there is one thing always there. That one thing is the common connection. When we put ourselves to the task of working together to become better than we were yesterday and help those around us reach their goals,

Age range for this photo is 6 months – 66 years



Back Row: Jeff Booker, Barney Humphrey, Master Quay Humphrey, Master Mike Humphrey, Alex Marshall, Chris Burt
Middle Row: McKenna Humphrey, Wendy Benne, Carrie Ketchum (holding Grayson Humphrey), Caelan Ketchum
Front: Tye Ketchum

our bond to each other will not and cannot be broken. Success is measured not in the tangible things we acquire, but in the lives we are blessed to have as a part of ours.

Sports have always been a big part of my life and I have cherished every moment I have played. I encourage

everyone to get out there and find that one thing that can be the bridge to our children and to our parents that will stand the test of time.

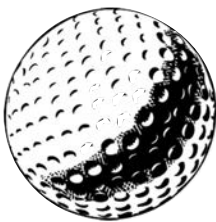
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See ad on page 14 for more information

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- * Team shirt & hat
- * All golf fees included.



Player evaluation dates: April 9, 16 & 30 from 9am to 12pm. Location: Frisco Lakes Golf Club at 7170 Anthem Dr. in Frisco. Sign up through the website at <http://friscotx.usgll.org>.

GET FIT *WITH* KRISTI

Dear Kristi,

After having my two children, I don't have the confidence to wear a bikini anymore! I would love to feel good about my mid-section this summer. Is there anything I can do to help tone my middle fast so I can feel confident in my suit and maybe, just maybe be able to wear a bikini again???

Sincerely,

Flabby Middle

Dear Flabby Middle,

Yes, you can tone your middle and get into a bikini again! Most people think that just by doing crunches or abdominal exercises they can create a toned middle, but there is more to the process. Follow these five steps and you will be on your way to a toned, tight mid-section that you will be happy to show off!

1. Get your mind ready. Believe in yourself and have a positive mind set before you engage in any exercise program! Getting a sleek, toned body is more than just exercising. It is making a commitment to yourself and being your own cheerleader, while pushing forward everyday. Start by changing how you think from "I can't" to "I can". It might sound strange, but visualizing yourself succeeding and your muscles contracting during exercise has proven to work your muscles twice as much!

2. Cardio & Weights. If you want to burn fat fast, engage in interval training by mixing fast bouts of aerobic activity with weight training for 40-60 minutes at least three times a week. If you are able to carry on a conversation while doing the aerobic activity, then you are not working hard enough. Go for a run, then do some traveling lunges, then run again, then do pushups-but remember to constantly change up your routine. This will keep your body guessing, so you will continue to shed fat around your middle!

380 Youth Sports Seeks Volunteers

The 380 youth sports organization is a 100% volunteer organization providing baseball, basketball, cheerleading, football and soccer to the youth of the 380 corridor. They currently have positions open for those that have even an hour a week to offer. If you've considered becoming more involved with you're child's youth teams, 380 YSO can use your help.

They have openings for coaches, field maintenance and concessions. They also

have board positions for those interested in heading a sport or committee. Board members enjoy such benefits as the opportunity to help decide the direction of the league and reduced registration fees.

The 380 Youth Sports Organization meets every 2nd Tuesday in the theatre room at the Savannah Clubhouse. These meetings are open to the public.

If you have the time and desire to help develop the athletic skills as well as the physical health of the youth of the 380 corridor, visit www.380sports.org or come to their next meeting.

Free Zumba!

Free Zumba workout classes will be offered on by Church of Celebration Thursdays in the Multi-Purpose room at 7pm. Thank you Church of Celebration for sponsoring this!

3. Eat Lean to Be Lean. You can't have a toned middle by eating unhealthy. Eat foods high in fiber, lean protein, whole grains, fresh fruits and veggies to stay healthy and get fit. Eating right doesn't have to be boring. Spice up your meals and stay creative by finding great recipes on my website, weightwatchers.com, or Kraft.com

4. Abdominal exercises. In order to tone your middle you need to work your "core" muscles. Instead of a basic crunch move, which works only the upper portion of your abdominal muscles, add some legs to your routine. Example: lie on the floor in a basic crunch position, and then lift your legs half way off the floor and cross your ankles. Making sure your lower back is pressed flat into the floor, now do a set of crunches. You should instantly feel the difference. The plank, ball exercises and bicycle crunch are also great ways to tone your core!

5. Stand Tall. Did you know that having poor posture could make you

look 5lbs heavier? Check your posture frequently during the day by making sure your head is straight rather than slumped forwards or backwards and your chin is parallel to the floor. Make sure your shoulders are in line with your ears and pull your navel into your spine. This will help you to improve balance, strengthen your core muscles, while giving you an instantly slimming physique!



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Financial *Focus*

Market Terminology

Just when you thought you'd mastered the lingo, here comes another wave of financial jargon to describe what's going on in the markets today. To help keep you up-to-speed, here's a short glossary of some of the terms you might encounter.

Double dip

In economic parlance, this refers to the risk that the economy, not long after coming out of a recession, will slip back into another recession. In the current economic environment, some are raising the possibility that this could happen in the U.S. or elsewhere.

U-, V- or W-shaped recovery

This concerns the pace of an economic recovery. A "V-shaped" recovery means the economy dips dramatically (the downslope of the "V") and rebounds just as quickly (the upslope of the "V"). A "U-shaped" recession and recovery is less pronounced and slower to develop. A "W-shaped" recovery involves a sharp decline in certain economic metrics, followed by a sharp rise, followed again by a

sharp decline then finishing with another sharp rise.

Deflation

Most of us are familiar with the concept of inflation, an increase in living costs. Whether modest or significant, inflation has been a way of life for Americans through recent generations. Deflation is the opposite—a period when prices for goods and services begin to fall. Deflation is typically associated with a decline in the standard of living, and some suggest that the risk of this has recently risen.

Market correction

When the stock market declines by a level of 5% or more, up to 20% (as measured by a broad market index such as the Dow Jones Industrial Average or S&P 500), professionals generally describe it as a correction in stock prices.

Bear market

The generally accepted standard to qualify for a bear market is when stocks (as measured by an index) drop 20% or more in a set period of time, perhaps within two months or less.

Bubble

In economic terms, a bubble occurs

when the value of a particular item or industry rises dramatically over a short period of time, usually to unsustainable levels. In recent times, bubbles have occurred in the technology industry (the "dot-com" bubble of the late 1990s) and in real estate (the housing bubble that began to burst in 2007).

Derivatives

This is the name given to a contract between two parties that derives its price from an underlying asset. The value is based on changes in the prices of the underlying asset, which can range from hard assets like gold or agricultural products to interest rates and stocks. While they provide a way to hedge risk, more regulation may be placed on those that attract speculators, which some believe has caused problems in the markets.

High Frequency Trading (HFT)

Much of the market's recent volatility has been blamed on rapid trading strategies that large institutions execute through powerful computers.

These machines can quickly crunch numbers to identify potential short-term price opportunities and then execute very large buy and sell orders. If it works right, it has the potential to generate significant profits for the firms doing the trading. Technology advances have made this a factor in the markets only in recent years.



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Savannah Real Estate Sales/Rental Stats

Congratulations to the new buyers and tenants that have decided to call our community home over this past year.

Savannah Sales, 2010
Pre-owned homes sold: 96
Average days on market: 93
Sold for 98% of list price
Trend: Sales took place evenly throughout the year over 2010. Mostly stable prices for 2011.

Savannah Leases, 2010
Homes Leased: 49

Average days on market: 32
Leased for 99% of list price
Trend: More demand, less supply, rents will trend upward with less marketing time for 2011.

Each home stands on its own merit as far as pricing. Timing and the decision to sell or rent the home depends on the owners given situation.

As always feel free to contact Savannah resident and Realtor, Rob Purifoy:
www.robpurifoy.info.

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To Spank or Not to Spank

When children misbehave, parents have a variety of options when it comes to discipline or punishment. The option chosen depends on many factors, including the type of misbehavior, the severity of the offense, the parents' belief systems and the way they were disciplined by their own parents. Slightly more than half of American parents believe that it is sometimes necessary to spank. Unfortunately, there is not much research showing this

method to be effective long-term. Rather, most research shows that spanking is associated with a lot of risks and negative outcomes.

Some of the negative effects of spanking include increased risk of aggression (because spanking is a form of hitting, and children like to imitate their parents), antisocial behavior, decreased moral internalization, feelings of anger and resentment, and risk of unintentional injuries.

While spanking can be effective in the short term (making the child stop the misbehavior immediately), it has not been proven effective in the long term

(evidenced by children's repeated misbehaviors). In order for discipline to be effective, it must be consistent and predictable. Choose specific methods for specific misbehaviors and use them every time. If children can easily predict what will happen if they misbehave, they are more likely to choose not to. Inconsistent discipline leads children to "gamble" – hoping that this time they can get away with it.

Young children generally respond well to time-outs and being lectured. They

can deflect and ignore yelling, but if you get on their level, look them straight in the eye and talk in a calm voice, they know you are serious. For older children, withdrawal of privileges can be very effective. The key is to find something they don't like being without. Ultimately, it is important to remind young children of the rules, make them aware when they break them, use predictable consequences and clearly explain the consequences. Over time, this will lead to discipline being more effective and children being better behaved.

Brigitte Vittrup Simpson is a professor and researcher in Early Childhood Development & Education at Texas Woman's University. If you have questions about parenting and child guidance, e-mail bvsimpson@gmail.com, and your question could be featured in the next issue of this paper.

Naturally Speaking...

Weight Issues: Hormone Imbalances & Stress Part 2 of 3

Weight issues aren't always a matter of what is going in our mouths. Imbalances in our hormones can cause the body to hold fat cells. Fat held in the body is a cushion for the body to fall back on to support hormonal function and soothe nerves.

Hormones are actually fat based and if the body does not have enough fat in the diet, our hormones may not be able to do their work or can be ineffective. That makes low fat diets the opposite of what the body needs to function well. Good fats don't make you fat; they provide the body with necessary ingredients and tools to run the body functions necessary to our survival.

Good fats include vegetable sources such as, olive oil; avocados; raw, unpasteurized coconut oil; nuts and seeds; and seed and nut oils as long as they are not heated.

One of the things that has adversely affected us is the extra hormones that are finding their way into the food and water supply. The meat industry has been adding hormones to the feed of beef cows, dairy cows and chickens for decades. This has caused a ripple down effect especially in our children. Scientists believe about two-thirds of American cattle raised for slaughter today are injected with hormones to make them grow faster and America's dairy cows are given a genetically-engineered hormone called rBGH to increase milk production.

Although the USDA and FDA claim these hormones are safe, there is growing concern that hormone residues in meat and milk might be harmful to human health and the environment.

We are seeing a rise in girls and boys maturing at younger ages and this has been directly linked to hormones in the food and water supply. These practices have already been banned in Europe.

Stress is another component in the mix as it causes the body to produce hormones that makes you hold the fat cells. Cortisol is a hormone that increases our fat retention especially in the belly area. What's a reasonable person to do?

Buy meats, dairy and chicken that state they have no hormones added. Read the labels on packaged foods to determine if they have preservatives and additives that have been linked to health challenges. The better nourished the body is, the better able it is to maintain a healthy balance.

Don't flush out of date medicines down the toilet as they pollute our water supply. Take them to a pharmacy for proper and safe disposal.

Investigate for yourself the issues about hormones, additives and antibiotics in the food supply today at <http://www.themeatrix.com/learn>.

Call or email me for a FREE report: "Whole Foods Market - Unacceptable Ingredients for Food." Next time we will discuss another issue that can cause weight gain, "Sugars & Artificial Sweeteners."

Carol Crampton, ND, CNHP, CH, CDM
Natural Health Center of Texas

For a complimentary consultation, contact: 214-529-9050 or info@naturalhealthtexas.com
www.naturalhealthtexas.com



By Carolina Vidaurre

Culinary Sense

It is time to do the weekly grocery shopping and as we stroll along the aisles picking up our products, most people look for a particular number in the packaging; "Sell by February 14." What does it mean? What is that date telling us? Does it mean that food is unsafe to eat after February 14?

Product dating is not generally required by Federal law, but many states require products to carry a "sell by" or "use by" date. The "Use-By" refers to unopened food products and it means the last day that the product is at its best quality as far as taste, texture, appearance, odor and nutritional value. After this date, product quality declines. The "Sell By" date does not relate to food safety, but it is a notice to stores that the product should be taken off the shelf because it will begin to decline in quality after that date.

Expiration dates on food products can protect consumers, but dates are really more about quality than food safety. We have to consider other factors such as handling and storage of foods when we think about food safety. For example, a carton of milk may have an expiration date which is two weeks from now, but if not stored at the right temperature (below 40°F), then the milk will spoil before the date marked on the carton. It is important that we understand what those expiration

dates mean in order before we dump our food and money down the drain. On average, in the U.S. we waste about 14% of the food we buy each year. The average family of four throws out around \$600 worth of groceries every year.

Keep in mind that we are talking about food quality and not food safety. The expiration dates refer to UNOPENED products. Once the food product is open, that date becomes meaningless.

If the product looks and smells good then it is probable safe to eat for 4-7 days after the expiration date. If there is a change in color, texture (slimy) and/or smell of a product, the best recommendation is to throw it out. Also check for mold, which can grow in the refrigerator and cause illness. The safest response is to throw it out no matter what the expiration date is.

For more information on product shelf life visit ShelfLifeAdvice.com and www.fsis.usda.gov.

Carolina Vidaurre has a Bachelor's degree in Biology is a registered Environmental Health Specialist who has worked in the public health field as a health inspector for ten years. She is currently pursuing a master's degree in Education

Water Does a Body Better

The human body is made up of between 55 and 75 percent water (lean people have more water in their bodies because muscle holds more water than fat).

Your lungs expel between two and four cups of water each day through normal breathing - even more on a cold day. If your feet sweat, there goes another cup of water. If you perspire, you expel about two cups of water (which doesn't include exercise induced perspiration). A person would have to lose 10 percent of her body weight in fluids to be considered dehydrated, but as little as two percent can affect athletic performance, cause tiredness and dull critical thinking abilities. Water

is crucial to your health. Every system in your body depends on water.

How much water do you need?

The basic rule is to drink eight 8-ounce glasses of water a day. All fluids are not created equal. So 8 sodas will not help your body flush out the impurities and re-hydrate you like water.

If you exercise or engage in any activity that makes you sweat, you'll need to drink extra water to compensate for that fluid loss. During intense exercise involving significant sweating, for example, during an aerobic kickboxing class, sodium is lost in sweat and you may

need a sports drink with sodium rather than just water.

You need to drink additional water in hot or humid weather to help lower your body temperature and to replace what you lose through sweating. You may also need extra water in cold weather if you sweat while wearing insulated clothing. Heated, indoor air can cause your skin to lose moisture, increasing your daily fluid

requirements. Women who are pregnant or breast-feeding need additional water to stay hydrated and to replenish the fluids lost, especially when nursing.

Make a conscious effort to keep yourself hydrated and make water your beverage of choice. Nearly every healthy adult should consider the following:

Continued on next page

Tight State Budget Challenges School Districts

Recently, all across America, people have had to deal with a declining economy and now the effects have reached an all time high by hitting our education. Although no one is happy to hear this, budgets cuts may be necessary, but not necessarily impossible to overcome while still providing a quality education to students.

Public education funding in Texas may lose anywhere from \$3 billion to \$6 billion in the next two-year budget. While, many didn't feel the effects of that loss, looking ahead, the estimated loss for the 2012-2013 budget could be between \$4 and \$9.3 billion.

Although the cuts to education are to be expected, Talmadge Heflin of the Texas Public Policy Foundation upholds the idea that many school districts are top-heavy operations that can cut expenses without affecting the classroom. This certainly eases the minds of those who want to see less money spent on administration, while focusing more on what is really necessary for young people to learn. Heflin also remarks "It makes the point that just putting money into education is not going to do the job." Education is about more than just the

funding it has. The people working as educators are the major factor in a good education."

Dr. Lucinda Hess, head of the History Department at Ryan High School and a teacher herself, admits to being nervous concerning the reduction in school funding. Her main concern is, of course, students not receiving a good "quality of education". If there are larger class sizes, will all students in the classroom be able to learn as effectively as they do now? Good teachers will need to work hard, doing their job to the best of their ability to overcome this issue. Dr. Hess also confirmed that there is rumor that Denton ISD may be letting some teachers go. She admits "I'm pretty safe," in reference to the possibility of losing her own job. Dr. Hess teaches AP U.S. History and University U.S. History, as well as fulfilling her essential role as head of the History Department. Of course, the more highly qualified teachers like her that are kept on staff, the better. Then tomorrow's future leaders will be in great hands. If we are left with the best, then we will be the best.

By Jazmyn Proctor

School Phone Numbers

Savannah Elementary... 972-347-7400

Navo Middle School... 972-347-7500

Ryan High School... 940-369-3000

Denton High School... 940-369-2000

Denton ISD... 940-369-0000

www.dentonisd.org



Magnolia Times - Reporters Wanted!

The Magnolia Times is looking for journalists of all ages. We are looking for writers to research and report on local events, city council/water board, human interest stories, high school sports and more. We will pay from \$50-\$100 for accepted submissions.

So- are you a student in your junior or senior year in high school, a college student or a Savannah resident with good writing skills? Contact Deborah Victory for more information.

magnoliatimes@savannahca.com
214.975.8642

Water Does a Body Better

... continued

- * Drink a glass of water with each meal and between each meal.
- * Take water breaks instead of coffee or tea breaks.
- * Substitute sparkling water for alcoholic drinks at social gatherings.
- * If you drink water from a bottle, thoroughly clean or replace the bottle often.

Every time you drink, bacteria from your mouth contaminate water in the bottle.

Steven Beaver has been in the fitness industry for over 30 years and does Personal Training, Aerobic Kick Boxing, Boot Camps and teaches Kung Fu & Tai Chi. For more information call 940-206-1887 or email him at questions@iboxaaka.com

Navo Middle School Accepting Donations for Teacher Appreciation Week

Darbi A. Watson
Navo Middle School PTA

Teacher Appreciation week will be the week of May 2nd - 6th. We could use donations of any kind for teachers that week. Gift cards to grocery stores (the PTA would use them to purchase lunch & breakfast items), baked goods drinks,

anything goes! If you own or manage a local business that can sponsor, donate or give the PTA a discount, please contact me so we can thank our teachers for their hard work.



The Kid's Corral

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Open 6:30am - 6:30pm

Now Enrolling

School Year Almost Over, Still Lots of Fun on the Calendar

Michael McWilliams
Principal, Savannah Elementary School

Can you believe we have less than 2 months left of school until summer? The staff at Savannah Elementary have enjoyed teaching your children this year! We still have quite a bit of activity through the end of the year and we welcome your participation.

April 21st we have the Second Annual Fun Run; Last year the kids had so much fun! And remember Kindergarten Round Up is May 12th! To avoid the lines at Registration, we have opened Pre-registration to begin on May 12th as well. Our final big event for the year is on May 20th, we'll be hosting Field Day. This is a great time for kids and parents to enjoy the beautiful Texas weather and get outside to have more fun! Our Last Day of School this year is June 2nd, we will have early dismissal that day, so please mark your calendars. The PTA did such a great job this year, we couldn't do this without

them. This year they have helped with every event, award ceremonies and much more. Our teachers have committed 100% to the PTA. Our school has 100% of our teachers signed up for PTA. We want to keep the momentum, so please sign up for PTA next year and help us make a difference. We are looking for new board members for next year. Open positions are: President, Vice President, Treasurer and Secretary. If you would like to participate please contact jayne.rios@gmail.com.

Again we thank you for the opportunity to share this educational experience with your children. Have a safe summer, we look forward to seeing you next year!

Savannah Pets

Stop Littering! Spay or Neuter Your Pets

Stopping pet overpopulation starts with you! There are an estimated 6 to 8 million homeless animals entering animal shelters every year. About half of these animals are adopted and, tragically, the other half are euthanized. These are healthy, sweet pets who would have made great companions.



These are not all the offspring of homeless street animals --many are the puppies and kittens of cherished family pets and even purebreds. The reality is that sometimes the dog finds his way under the fence to visit the neighbor's female dog, or the indoor/outdoor cat comes back home pregnant.

Pets can become capable of reproduction as early as 6 months of age. That's why pets should be spayed or neutered by age 6 months. Sterilization can safely be done at 8 weeks of age. The chief veterinarian of the Humane Society of the United States recommends 4 months as ideal. Older pets can safely be sterilized as well. Spay/neuter is the only permanent, 100% effective method of birth control for dogs and cats. For females, spaying is the removal of the ovaries. Neutering your male involves removing the testicles and spermatic cord.

Spaying females and neutering males is essential if they are to be outdoors. Otherwise, unwanted litters of kittens will be born, leading to further overpopulation. Intact toms are more likely to fight, and intact queens may become exhausted due to uncontrolled reproduction resulting in up to 3 litters a year!

Spaying and neutering helps reverse the tragedy of pet overpopulation, reduces your pet's chances of developing deadly, costly medical problems and improves your pet's behavior.

Teresa Koehlar, the Savannah Pet Nanny, offers a variety of pet-sitting services (see ad on this page) and in-home low-cost pet microchipping. She also offers FREE help with behavior, nutrition, grooming, and medical issues

Submit your pet questions, topics for this column or suggestions to: TKoehlar@aol.com.

Lost a Pet? Found a Pet?

Visit our online classifieds: www.savannahca.com. We reunite folks with their furry family members all the time! Also, two local shelters to check:

City of Denton Animal Shelter
300 South Woodrow Lane in Denton
Phone: (940) 349-7594

Little Elm Animal Shelter
1104 W. Eldorado Parkway in Little Elm;
Phone: (214) 975-0460



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BOOK EARLY FOR THE HOLIDAYS!

Free Puppy Spay Day

"Puppy Palooza" event at the Texas Coalition for Animal Protection in Denton on **Saturday, April 30th**. Mention the Puppy Palooza event when scheduling your appointment. Puppies must receive a full set of vaccines at a cost of \$25 at the time of neutering or have proof of all vaccines at check-in. Only four puppies per owner, please. Puppies must be older

than 12 weeks/younger than 6 months and come in their own pet carrier. Puppies that are more than 6 months old will be sterilized at full price. Call today to schedule your dog for this great event, 940-566-5551 or visit the website at www.texasforthem.org.

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www.savannahlife.org 940.453.3953
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www.crossridgeonline.org

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www.newhopeaubrey.com

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(A campus of First Baptist Church Denton)

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11:00...Worship service

Campus Pastor Brad Cockrell
bradc@fbcd.net or 940-382-2577 ext. 181

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Worship Services: 10am

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940-365-3024
www.fumcaubrey.org

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972-335-4380 www.friscofumc.org

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Rev. Matt Gaston, Senior Pastor

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April						
						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Board Room = BR Sports Pavilion = SP Cool Down Room = CDR Multi-Purpose Room = MPR	Library = L Theater = TH Pool Pavilion = PP Tennis Courts = TC Soccer Field = SF				1 BootCamp Babes 5:30am Quarterly Assessments Due	2 Sunrise Yoga 7:30am MPR TEEN COMMITTEE 6:30pm Cafe' Spring Yard Sale See Page 8
3 Free Cardio Dance 3pm MPR	4 BootCamp Babes 5:30am Team Training 6:45am MPR Sweets & Treats 7pm - Cafe'	5 SOCIAL COMMITTEE 7pm BR	6 BootCamp Babes 5:30am Team Training 6:45am MPR	7 "Real Housewives of Savannah" Lunch Club 1pm Cafe' Free Zumba 7pm MPR POOL COMMITTEE 7pm Cafe' SPORTS COMMITTEE 7pm Board Room	8 BootCamp Babes 5:30am Poker Club 7pm- BR Savannah Singles 7pm- Cafe'	9 Sunrise Yoga 7:30am MPR Pancake Breakfast 9am - 11am See Page 1
10 Free Cardio Dance 3pm MPR	11 BootCamp Babes 5:30am Team Training 6:45am MPR	12 Girl Scouts 6:30pm BR 380 Youth Sports 7pm TH LANDSCAPE COMMITTEE 7pm Board Room	13 BootCamp Babes 5:30am Team Training 6:45am MPR SAFETY COMMITTEE 7pm Board Room	14 Free Zumba 7pm MPR HOSPITALITY COMMITTEE 6:30pm Cafe'	15 BootCamp Babes 5:30am Scrapbook Club 7pm BR	16 Sunrise Yoga 7:30am MPR ADVISORY COMMITTEE 9am Board Room Easter Event 2pm See Page 1
17 Free Cardio Dance 3pm MPR	18 BootCamp Babes 5:30am Team Training 6:45am MPR	19 COMMUNICATIONS COMMITTEE 6:30pm Board Room FINANCE COMMITTEE 6:30pm Cafe'	20 BootCamp Babes 5:30am Team Training 6:45am MPR Boy Scouts Tr# 372 7pm Cafe'	21 Free Zumba 7pm MPR Water District Meeting 6pm Artesia Clubhouse	22 BootCamp Babes 5:30am	23 Sunrise Yoga 7:30am MPR
24 Easter Sunday	25 BootCamp Babes 5:30am Team Training 6:45am MPR	26 Girl Scouts 6:30pm BR	27 BootCamp Babes 5:30am Team Training 6:45am MPR OPEN BOARD MEETING 7pm TH	28 AAHS 2pm TH (Autism/Asperger Homeschool Group) Free Zumba 7pm MPR	29 BootCamp Babes 5:30am	30 Sunrise Yoga 7:30am MPR Spring Fishing Tournament 7am See Page 8 Quarterly Assessments Past Due After the 30th

May						
						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Free Cardio Dance 3pm MPR	2 BootCamp Babes 5:30am Team Training 6:45am MPR Sweets & Treats 7pm - Cafe'	3 SOCIAL COMMITTEE 7pm BR	4 BootCamp Babes 5:30am Team Training 6:45am MPR Kids Karate (4-6yrs) 5pm MPR Kids Karate (7-13yrs) 6pm MPR Kempo Karate (14 & up) 7pm MPR	5 "Real Housewives of Savannah" Lunch Club 1pm Cafe' Free Zumba 7pm MPR POOL COMMITTEE 7pm Cafe' SPORTS COMMITTEE 7pm Board Room	6 BootCamp Babes 5:30am	7 Sunrise Yoga 7:30am MPR Kids Karate (4-6yrs) 10am MPR Kids Karate (7-13yrs) 11am MPR Kempo Karate (14 & up) 12pm MPR TEEN COMMITTEE 6:30pm Cafe'
8 Free Cardio Dance 3pm MPR	9 BootCamp Babes 5:30am Team Training 6:45am MPR	10 Girl Scouts 6:30pm BR 380 Youth Sports 7pm TH LANDSCAPE COMMITTEE 7pm Board Room	11 BootCamp Babes 5:30am Team Training 6:45am MPR Kids Karate (4-6yrs) 5pm MPR Kids Karate (7-13yrs) 6pm MPR Kempo Karate (14 & up) 7pm MPR SAFETY COMMITTEE 7pm Board Room	12 Free Zumba 7pm MPR HOSPITALITY COMMITTEE "Professional Speaker Night" 6:30pm Cafe' See Page 5 for Details	13 BootCamp Babes 5:30am Poker Club 7pm- BR Savannah Singles 7pm- Cafe	14 Sunrise Yoga 7:30am MPR Kids Karate (4-6yrs) 10am MPR Kids Karate (7-13yrs) 11am MPR Kempo Karate (14 & up) 12pm MPR
15 Free Cardio Dance 3pm MPR	16 BootCamp Babes 5:30am Team Training 6:45am MPR	17 COMMUNICATIONS COMMITTEE 6:30pm Board Room FINANCE COMMITTEE 6:30pm Cafe'	18 BootCamp Babes 5:30am Team Training 6:45am MPR Kids Karate (4-6yrs) 5pm MPR Kids Karate (7-13yrs) 6pm MPR Kempo Karate (14 & up) 7pm MPR Boy Scouts Tr# 372 7pm Cafe'	19 Free Zumba 7pm MPR Water District Meeting 6pm Savannah Clubhouse	20 BootCamp Babes 5:30am Scrapbook Club 7pm BR	21 Sunrise Yoga 7:30am MPR Kids Karate (4-6yrs) 10am MPR Kids Karate (7-13yrs) 11am MPR Kempo Karate (14 & up) 12pm MPR ADVISORY COMMITTEE 9am Board Room
22 Free Cardio Dance 3pm MPR	23 BootCamp Babes 5:30am Team Training 6:45am MPR	24 Girl Scouts 6:30pm BR	25 BootCamp Babes 5:30am Team Training 6:45am MPR Kids Karate (4-6yrs) 5pm MPR Kids Karate (7-13yrs) 6pm MPR Kempo Karate (14 & up) 7pm MPR OPEN BOARD MEETING 7pm TH	26 AAHS 2pm TH (Autism/Asperger Homeschool Group) Free Zumba 7pm MPR	27 BootCamp Babes 5:30am Teen End of School Party 10pm See Page 10	28 Contact classes for schedules POOL SEASON BEGINS! Memorial Day Celebration 2pm See Page 8
29 Free Cardio Dance 3pm MPR	30 BootCamp Babes 5:30am Team Training 6:45am MPR	31				